

September 2025

Compare yourself to yesterday's you

Intentions

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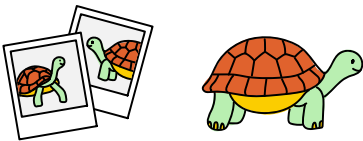
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Not other people



@Quoted Visually

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
36	Aug 31, 2025	Sep 1	2	3	4	5	6
37	7	8	9	10	11	12	13
38	14	15	16	17	18	19	20
39	21	22	23	24	25	26	27
40	28	29	30	Oct 1	2	3	4